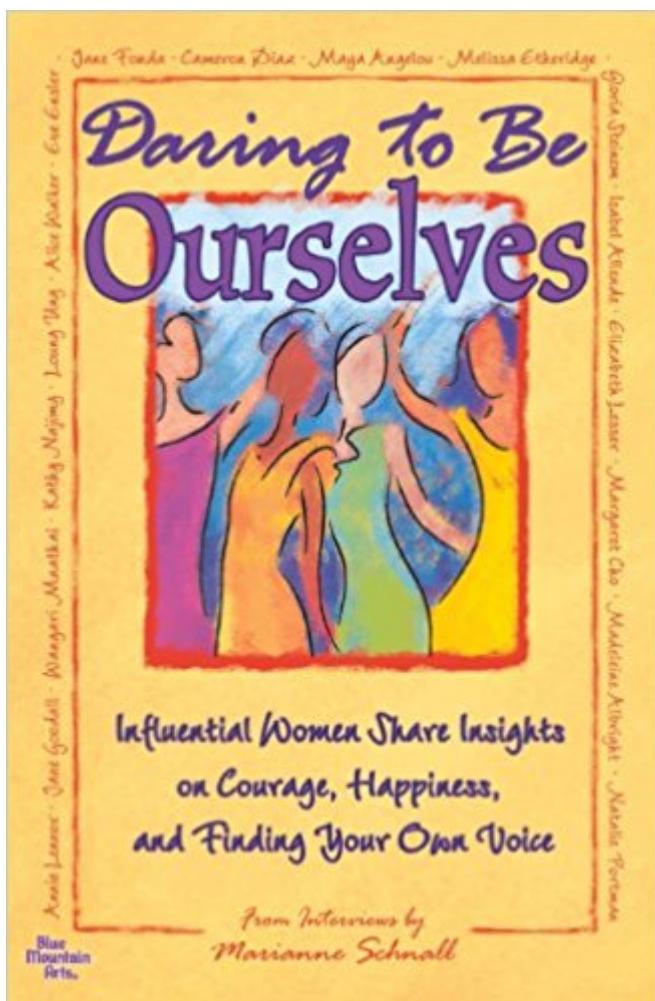


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# Daring To Be Ourselves: Influential Women Share Insights On Courage, Happiness, And Finding Your Own Voice



## Synopsis

This impressive collection brings together words of wisdom from many of today's most renowned and influential women, including Maya Angelou, Jane Fonda, Gloria Steinem, Cameron Diaz, Melissa Etheridge, Alice Walker, Eve Ensler, Isabel Allende, Elizabeth Lesser, Jane Goodall, and many others. Together, their voices speak to women of all ages and walks of life, addressing issues like equality, overcoming adversity, finding balance, and being more connected to the earth.

Experience the power of their words as they share their passions and struggles, life philosophies, and hopes and dreams for the future. Let them inspire you in your own life to find your voice, speak your truth, and make a difference in the world. "From a lifetime of interviewing diverse women, Marianne Schnall has chosen quotations that address big questions, then clustered them around turning points in life. Daring to Be Ourselves is a gift, a joy and a rescue." --Gloria Steinem

## Book Information

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## Customer Reviews

I knew about Marianne Schnall before buying this fantastic and powerful book. Her interviews with famous women often appear in Huffington Post and women's magazines. She is also the founder of feminist.com, a website devoted to the well-being, enrichment and empowerment of women. This lovely, inspiring book, which I have already given to several women, including my own 13- and 16-year old daughters, is the culmination of years' worth of interviews Marianne had with some of the most accomplished, successful, and caring women in the world. She chose the most powerful quotes from her interviews, and grouped them into sections with chapters such as "Together,

Women Are Strong," "What Message Would You Most Want to Instill in Girls?" and "Putting Ourselves First." The women included in Daring to Be Ourselves are well-known and highly respected such as Maya Angelou, Gloria Steinem, Cameron Diaz, Jane Fonda, Jane Goodall, and many others, and all are incredibly accomplished and active in many different fields and causes. These are women I want to hear from, and be connected to. Their unified message, told through this book, is clear and very powerful: Be fearless. Know who you are. Know that you are beautiful. And, one of the most important messages: stand together. Annie Lennox writes, "When women get together as a group, it is immensely powerful." I loved this book from the moment I read the first page. It is a treasured compilation of beautiful thoughts, and I look forward to re-reading this it over and over again . . . and sharing it with as many women (and men) as I can. Highly, highly recommended.

DARING TO BE OURSELVES is like dark chocolate for the brain... soothing, energizing, and decadent all at the same time. It is impossible to turn the pages of this delicious book and not find yourself sitting up taller - inspired by the wisdom, strength, and life experiences captured within. A sheer delight to read.

I randomly came across this book in a local supermarket. The title/subtitle appealed to me, so I picked it up and bought it. I am so glad that I did! I've already ordered copies for my daughter and daughter-in-law. This little collection of wisdom snippets by some well-known women from all walks of life is a quick and easy read, packed with inspiration, and something that every teenage girl and woman should read. It's one of those books to keep nearby, pick-up when you need a little boost, read a page or two, then come back to another day. I don't think I'll ever tire of browsing through it. Just a few of the contributors are Jane Goodall, Maya Angelou, Alice Walker, Jane Fonda, Melissa Etheridge, Madeleine Albright, and Loung Ung. Some of the topics they comment on include Speaking Our Truth, Connecting With Nature, Your Wish For the Children of the World, The Wisdom of Other Generations, and We Are Beautiful Just the Way We Are and All Life Is Interconnected. How great is that? I was so thankful for finding it, that I also wrote about it here: [...]

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